

# Instructions for Installing Draught Proofing Strips

**Controlled ventilation helps reduce condensation and damp by letting fresh air in when needed. However, draughts are uncontrolled - they let in too much cold air and waste too much heat.**

To draught-proof your home you should block up unnecessary gaps that let cold air in and warm air out. Installing draught proofing strips means you'll use less energy to heat your home, so you'll save money as well as making your home snug and pleasant.

**Tools required:**

**Tape Measure**

**Scissors**

**Sponge or Cloth**



1. Wash and dry the window / door frame, using the sponge or cloth to ensure the surface is clean.
2. Measure the lengths that you need and cut the draught proofing strips to size.
3. Peel back the sticky adhesive and apply the adhesive side of the strip onto the surface that the door or window closes onto.
4. In the unlikely event that the door/window does not shut properly, remove the draught proofing strips.

**To watch the installation video guide, click [here](#).**

**Please note:** If you experience any difficulty fitting this product, please call LEAP's dedicated Installation Helpline on 0800 029 4549 to speak to an energy advisor who will give further guidance and assistance over the telephone\* This service is open weekdays 8.45am to 5.30pm.

*\* this is a helpline service only and it is not possible to arrange for an energy advisor to visit your home to assist.*